



FREE SKATING SESSION AT THE BELL CENTRE - RULES OF CONDUCT 2023-24 SEASON

It is strictly forbidden to:

- Sit on the top of the rink boards
- Eat, drink or smoke on the ice
- Carry someone in your arms or on your back
- Knock over or bump other skaters
- Race or skate at excessive speeds
- Form a chain, play tag or throw snowballs
- Stop abruptly
- Throw objects on the ice
- Skate in the opposite direction or skate backwards
- Speed and figure skate or play hockey
- Use a stroller or skating aid
- Gather and linger along the rink boards

It is mandatory to:

- Wear a helmet for all children under 12 years of age
- Wear gloves or mittens for all children under 12 years of age
- Respect all other guidelines given by Bell Centre employees

Anyone not respecting these rules will be ejected from the skating rink and the Bell Centre.

A maximum of 200 people are authorized to skate on Bell Centre's ice rink at any time during a free skating session.