



EDMONTON OILERS FEMALE HOCKEY ROAD MAP



An EDCF Women's Hockey Initiative

INTRO TO THE GAME



ALL-GIRLS FIRST SHIFT

The NHL/NHLPA First Shift program is designed to ensure a positive experience for new-to-hockey families. First Shift provides children ages 6 to 10 with 6 introductory ice sessions led by Oilers Alumni. These sessions focus on fundamental skating and hockey skills. Registration also includes head-to-toe equipment.



ALL-GIRLS COLBY'S KIDS

The Colby's Kids program honours the memory and legacy of Colby Cave. It provides an opportunity for youth aged 6 to 10 to continue participation in hockey through 6 on-ice skill development and learning sessions led by Oilers Alumni.



EVEN STRENGTH GIRLS LEARN TO PLAY

The Girls Learn to Play is designed for beginner teenage hockey players and focuses on developing essential skills. Participants will learn and practice key techniques such as skating, stickhandling, shooting, positioning, and more.

ADULT



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EVEN STRENGTH WOMEN'S LEARN TO PLAY

The Even Strength Adult Learn to Play program is designed to ensure a positive experience for women new to hockey. It provides women a safe, inclusive and welcoming environment to learn the basics of hockey. The program includes 6 on-ice sessions led by certified female coaches.

INTERMEDIATE



MINOR HOCKEY

Ready to join a team? Hockey Edmonton has options from U9 through to U18. Visit hockeyedmonton.ca to find the right fit for you and your skill level. If you aren't in the Edmonton area, check out HockeyAlberta.ca for more information and to find a team!



ALL-GIRLS OILERS HOCKEY SCHOOL

Players continue developing their hockey skills and experience high caliber training through week-long, full day camps. Instructors include former NHL and WHL talent with special guest appearances from Oilers Alumni. Open to youth aged 7 through 12. Both co-ed and female only programs are available.



EDMONTON JUNIOR OILERS WHITE

The Edmonton Oilers and Hockey Edmonton have partnered to revolutionize elite hockey development in Edmonton with the creation of the Edmonton Junior Oilers. This program consists of one female and two male U18AAA teams. Each team and its players, and coaches will receive world-class resources and support from the Oilers including development opportunities, facility usage, apparel, equipment and more.

Visit edmontonoilers.com/youthhockey for more information