

Goodrow recorded 31 points (11G, 20A) in 82 games last season, equaling his career highs in assists (2021-22) and games played (2018-19). He set career bests with 13 goals and 33 points the previous campaign, his first with the Rangers. Goodrow is a two-time Stanley Cup Champion, helping the Lightning win in back-to-back seasons in 2019-20 and 2020-21. He has helped his team advance to at least the third round of the Stanley Cup Playoffs in four of his last five seasons (he helped San Jose advance to the Western Conference Final in 2018-19 prior to winning the Stanley Cup with Tampa Bay). The Toronto, Ontario, native was acquired from the Lightning on July 17, 2021. Goodrow was originally signed by San Jose as an undrafted free agent on March 6, 2014.

ONE TIMERS

Hockey Nickname: Goody

Hockey idol growing up: Mats Sundin

First jersey ever bought: Mats Sundin Toronto Maple Leafs

Career if not playing hockey: Professional Golfer Superpower he'd most like to have: Ability to fly

Dinner guest: Jay-Z

Actor that would play him in a movie: Leonardo DiCaprio

Favorite superhero: Batman Most listened to artist: Drake

Game show he'd most like to compete on: Family Feud

Meal: Steak

Place to visit: Dubrovnik, Croatia

TV show: Breaking Bad

Hobby: "Doesn't mind cooking"

Other sports played growing up: Soccer and Rugby

LOOSE PUCKS

- One of the Rangers' alternate captains for 2021-22 and 2022-23 seasons
- Was named a co-recipient of the 2021-22 Players' Player Award.
- He attended the Rangers' Prospect Development Camp in the summer of 2012 while he was playing junior hockey with the Brampton Battalion of the Ontario Hockey League (OHL).
- For Goodrow's 'Day with the Cup,' he stopped by a local hospital in town, followed by a celebration at a local park

THIS SEASON

- Notched 12 points (4G, 8A) in 80 games in 2023-24
- Recorded two goals on April 5 at Detroit to equal a single-game career high (last: Dec. 21, 2021 vs. Tampa Bay)
- Skated in his 500th NHL game on Oct. 28 at Vancouver