

Join me, and together we can raise money for charities that directly support First Responders and their families. Police officers, firefighters and paramedics put themselves on the front lines of dangerous and traumatic events every day. **On January 26<sup>th</sup>, 2020, The Boston Bruins Foundation is hosting the Bfit Challenge at TD Garden, where 100% of proceeds will directly benefit First Responder Charities.** Here is one way WE can show our THANKS and GRATITUDE to our local heroes.

My team, **Team \_\_\_\_\_**, will be raising money for the **Charity We Chose**. Click on this link (**Charity link**) to learn more.

This event is a climb through the TD Garden! I promise, it is not as hard as it looks. Anyone can do it! There are four difficulty levels: Level 1 means you can simply walk the bowl of TD Garden, while you can also challenge yourself and take it all the way to the rafters on Level 9. The most important part: all the levels allow us to support and give back to our local heroes!

Click on this link to sign-up and register for the event: [www.crowdrise.com/bfitchallenge](http://www.crowdrise.com/bfitchallenge)

If you are joining my team, click register, then sign up as a “team member”. There is a registration fee, but that all goes towards your required minimum fundraising amount of \$300.

Please join as more participants = more money raised for first responder charities! I hope you consider joining my team, or even making your own team, if you have friends and colleagues that would be interested! Get more information at [www.bostonbruins.com/bfitchallenge](http://www.bostonbruins.com/bfitchallenge).

If you can't register for the event, please consider making a donation to my campaign here: **INSERT LINK TO FUNDRAISING PAGE**. Every little bit will help! Bring your family the day of the event to watch as well! There are lots of fun activities, such as jumpy houses, touch a truck, kids obstacle course, and of course Blades the Bruins mascot! Please consider being a part of this special day and let's give back to those who sacrifice so much for us!! See attached flyer for more information!

Thank you!