

## 2024-25 Carolina Hurricanes Training Camp Schedule (all times local)

DATE	TIME	EVENT	LOCATION
Sept. 18	7:00 a.m.	Team physicals / testing	Carolina Family Practice & Sports Medicine, Raleigh, N.C.
	3:00 p.m.	Team meeting	Lenovo Center, Raleigh, N.C.
Sept. 19	9:00 a.m.	Team C1 Practice	Lenovo Center, Raleigh, N.C.
	11:00 a.m.	Team C2 Practice	Lenovo Center, Raleigh, N.C.
Sept. 20	9:00 a.m.	Team C2 Practice	Invisalign Arena, Morrisville, N.C.
	11:00 a.m.	Team C1 Practice	Invisalign Arena, Morrisville, N.C.
Sept. 21	9:00 a.m.	Team C1 Practice	Lenovo Center, Raleigh, N.C.
	11:00 a.m.	Team C2 Practice	Lenovo Center, Raleigh, N.C.
Sept. 22	<i>Off-ice workouts only – no media availability</i>		
Sept. 23	9:00 a.m.	Team C2 Practice	Lenovo Center, Raleigh, N.C.
	11:00 a.m.	Team C1 Practice	Lenovo Center, Raleigh, N.C.
Sept. 24	10:30 a.m.	Game Group Skate	Lenovo Center, Raleigh, N.C.
	11:30 a.m.	Non-Game Group Practice	Lenovo Center, Raleigh, N.C.
Sept. 25	7:00 p.m.	at Tampa Bay	Amalie Arena, Tampa Bay, Fla.
	9:00 a.m.	Team C1 Practice	Lenovo Center, Raleigh, N.C.
Sept. 26	11:00 a.m.	Team C2 Practice	Lenovo Center, Raleigh, N.C.
	9:00 a.m.	Team C2 Practice	Invisalign Arena, Morrisville, N.C.
Sept. 27	11:00 a.m.	Team C1 Practice	Invisalign Arena, Morrisville, N.C.
	10:30 a.m.	Game Group Skate	Lenovo Center, Raleigh, N.C.
Sept. 28	11:30 a.m.	Non-Game Group Practice	Lenovo Center, Raleigh, N.C.
	7:00 p.m.	vs. Florida	Lenovo Center, Raleigh, N.C.
Sept. 29	10:30 a.m.	Game Group Skate	Lenovo Center, Raleigh, N.C.
	11:30 a.m.	Non-Game Group Practice	Lenovo Center, Raleigh, N.C.
Sept. 29	<i>OFF DAY</i>		
Sept 30	7:00 p.m.	at Florida	Amerant Bank Arena, Sunrise, Fla.
	9:00 a.m.	Team C1 Practice	Invisalign Arena, Morrisville, N.C.
Oct. 1	11:00 a.m.	Team C2 Practice	Invisalign Arena, Morrisville, N.C.
	9:00 a.m.	Team C2 Practice	Invisalign Arena, Morrisville, N.C.
Oct. 2	11:00 a.m.	Team C1 Practice	Invisalign Arena, Morrisville, N.C.
	10:30 a.m.	Game Group Skate	Lenovo Center, Raleigh, N.C.
Oct. 3	11:30 a.m.	Non-Game Group Practice	Lenovo Center, Raleigh, N.C.
	7:00 p.m.	vs. Nashville	Lenovo Center, Raleigh, N.C.
Oct. 4	9:00 a.m.	Team C1 Practice	Invisalign Arena, Morrisville, N.C.
	11:00 a.m.	Team C2 Practice	Invisalign Arena, Morrisville, N.C.
Oct. 5	10:30 a.m.	Game Group Skate	Invisalign Arena, Morrisville, N.C.
	11:30 a.m.	Non-Game Group Practice	Invisalign Arena, Morrisville, N.C.
Oct. 6	7:00 p.m.	vs. Tampa Bay	Lenovo Center, Raleigh, N.C.
	9:00 a.m.	Game Group Skate	Lenovo Center, Raleigh, N.C.
Oct. 7	10:30 a.m.	Non-Game Group Practice	Lenovo Center, Raleigh, N.C.
	5:00 p.m.	at Nashville	Bridgestone Arena, Nashville, Tenn.
Oct. 7	<i>OFF DAY</i>		
Oct. 8	11:00 a.m.	Team Practice	Lenovo Center, Raleigh, N.C.
Oct. 9	11:00 a.m.	Team Practice	Invisalign Arena, Morrisville, N.C.
Oct. 10	11:00 a.m.	Team Practice	Invisalign Arena, Morrisville, N.C.

**Practices and morning skates during training camp will be open to the media, and all skates held at Invisalign Arena will also be open to the public.**