



# VINCENT TROCHECK



## STATS

**Shoots:** Right  
**Height:** 5'11"  
**Weight:** 184  
**Born:** 7/11/1993  
**Birthplace:** Pittsburgh, PA

## POSITION

**CENTER**  
**#16**

## BIO

Signed by the Rangers as a free agent on July 13, 2022, Trocheck set career highs in assists (52) and points (77) in 2023-24. He ranked fourth in the NHL in faceoff win percentage (58.7%) and was named to the 2024 All-Star Game. Trocheck was also named the winner of the 2023-24 Steven McDonald Extra Effort Award, which is presented annually to the Ranger who, as chosen by the fans, goes “above and beyond the call of duty”. The Pittsburgh, Pennsylvania, native represented his country at the 2013 IIHF World Junior Championship recording six points (3G, 3A) in seven games to help the U.S. capture the gold medal. He also suited up for Team USA at the 2014 IIHF World Championship and was part of Team North America at the 2016 World Cup.

## ONE-TIMERS

**Nickname:** Troch  
**Gameday meal:** Pasta + chicken parm  
**Place he wants to visit:** Italy  
**Superpower he'd want:** Ability to fly  
**Dream dinner guest:** Tiger Woods  
**First jersey:** Troy Polamalu  
**Favorite TV show:** The Bear  
**Favorite movie:** Remember the Titans  
**Hockey idol growing up:** Peter Forsberg  
**Collects:** Hats  
**Favorite musical artist:** Ed Sheeran  
**Favorite concert:** Luke Combs  
**Go-to karaoke song:** Tennessee Whiskey, Chris Stapleton

## LOOSE PUCKS

- Vincent and his wife, Hillary, have a son, Leonardo, and a daughter, Lennon
- Before coming to the Rangers, listed New York as his favorite city to visit as an opposing player
- His most memorable hockey moment was winning a gold medal with the U.S. at the 2013 IIHF World Junior Championship
- Says if he wasn't playing hockey he'd want to be in the music industry
- His favorite place to visit is Hilton Head, South Carolina and says visiting his family's hometown in southern Italy is on his bucket list
- His biggest talent outside of hockey is playing the piano