

# TEAM BLUE MORNING SCHEDULE



## SWAT 303 ICE WARRIORS, NEZ EAGLES 301

<u>TIME</u>	<u>ACTIVITY</u>	<u>LOCATION</u>
9:15 AM - 9:55 AM	REGISTRATION	FORD HALL
9:55 AM - 10:00 AM	WELCOME	FORD HALL
10:00 AM - 10:25 AM	BAG PICK UP & ATHLETE CHANGE	DRESSING ROOM
10:25 AM - 11:10 AM	ON-ICE SESSION	ROGERS PLACE ICE SURFACE
11:10 AM - 11:30 AM	ATHLETE CHANGE & BAG DROP OFF	DRESSING ROOM
11:30 AM - 12:15 PM	BRAIN CARE SESSION	COVENTRY HOMES CLUB
12:15 AM - 1:00 PM	YOGA & STRETCHING	MAIN CONCOURSE, SECTION 112
1:00 PM - 1:15 PM	TEAM PHOTO	OILERS HALL OF FAME
1:15 PM - 1:50 PM	LUNCH	STUDIO 99
2:00 PM - 3:00 PM	GUEST SPEAKER	IN-BOWL, SECTION 101-102
3:00 PM	DEPARTURE	FORD HALL

