



JACOB TROUBA



STATS

Shoots: Right
Height: 6'3"
Weight: 203
Born: 2/26/1994
Birthplace: Rochester, MI

POSITION

DEFENSEMAN
#8

BIO

Acquired from the Winnipeg Jets in a June 18, 2019 trade, Trouba played his fifth season in New York - and his second as a team captain - in 2023-24. He recorded 22 points (3G, 19A) in 69 games while finishing first on the team in blocked shots (183) and second in hits (191). Trouba played in his 700th career NHL game on Nov. 29 vs. Detroit. The Rochester, Michigan, native has represented his country at two IIHF World Junior Championships (2012, 2013), three IIHF World Championships (2013, 2014 and 2017) and suited up for Team North America at the World Cup of Hockey in 2016.

ONE-TIMERS

Nickname:	Troubs
Superpower he'd want:	Teleportation
Actor who would play him:	Bradley Cooper
Favorite superhero:	Superman
First jersey:	Henrik Zetterberg, Detroit Red Wings
On his bucket list:	African safari
Favorite movie:	Billy Madison
Favorite TV show:	Suits
Favorite place to visit:	Australia
Favorite NYC restaurant:	Carriage House
Funniest Ranger	Ryan Lindgren

LOOSE PUCKS

- Jacob and his wife, Kelly, had their first child, a son Axel, this year. They also have two dogs, Donnie and Vito. Kelly is a doctor
- Parents are John and Kristy. Both of his parents are former college athletes; his dad played basketball and his mom played softball. Also has two brothers, Tom and Chris
- Lists Nick Lidstrom as his hockey idol growing up
- Was a fan of all Detroit sports teams (Tigers, Lions, Pistons, Red Wings) as a kid
- Also played baseball in high school
- Hobbies include golf, cooking, painting and deep sea fishing
- First job was working as a painter at age 17