

JACOB TROUBA

CAPTAIN



SHOOTS: RIGHT

HEIGHT: 6'3"

WEIGHT: 203

BORN: FEBRUARY 26, 1994

BIRTHPLACE: ROCHESTER, MICHIGAN

#8

DEFENSEMAN

Acquired from the Winnipeg Jets in a June 18, 2019 trade, Jacob Trouba has made an impact on and off the ice in his time in New York, earning the captaincy for the franchise in August 2022. He recorded 30 points (8G, 22A) in 82 games in 2022-23, ranking third among Rangers defensemen in goals, assists and points. His 218 hits paced the team and ranked sixth among league blueliners, while his 196 blocked shots ranked fourth among NHL defensemen. Trouba has collected 287 points (70G, 217A) in 679 career contests with Winnipeg and New York. The Rochester, Michigan, native has represented his country at two IIHF World Junior Championships (2012, 2013), three IIHF World Championships (2013, 2014 and 2017) and suited up for Team North America at the World Cup of Hockey in 2016.

ONE TIMERS

Hockey nickname: Troubs

Superpower he'd most like to have: Teleportation

Actor that would play him in a movie: Bradley Cooper

Favorite superhero: Superman

First jersey ever bought: Henrik Zetterberg Detroit Red Wings

On his bucket list: Go on a safari in Africa

Game show he'd most like to compete on: Family Feud

Movie: Billy Madison

TV show: Suits

Place to visit: Australia

NYC restaurant: Carriage House

Funniest Ranger: Ryan Lindgren

LOOSE PUCKS

- He and his wife, Kelly, have dogs named Donnie and Vito. Kelly is a doctor.
- Parents are John and Kristy. Both of his parents are former college athletes as his dad was a center in basketball and his mom played softball. Has two brothers, Tom and Chris
- Lists Nick Lidstrom as his hockey idol growing up
- Was an avid fan of all Detroit sports teams (Tigers, Lions, Pistons, Red Wings) as a kid
- Played baseball and hockey in high school
- Hobbies include golf, cooking, painting and deep sea fishing
- His first job was working as a painter at age 17

THIS SEASON

- Played his 700th career game on Nov. 29 vs. Detroit
- Recorded his 300th career point on Dec. 12 vs. Toronto, becoming the third defenseman from the 2012 draft class to reach the feat

PAINTING FOR A CAUSE

On Dec. 23, Trouba, along with his wife Kelly, announced they would be making a \$100,000 donation to the Garden of Dreams Foundation from the sales of Trouba's art work. Additionally, Trouba donated an original piece to be auctioned off at the team's annual Casino Night fundraiser, where it raised an additional \$25,000 for Garden of Dreams.



TROU BLUE

In his first year as team captain in 2022-23, Trouba was the recipient of the Rod Gilbert "Mr. Ranger" Award, which beginning in 2021-22, annually recognizes the Rangers player who best honors Rod's legacy by exemplifying leadership qualities on and off the ice and making a significant humanitarian contribution to his community.

O CAPTAIN, MY CAPTAIN

On August 9, 2022, the New York Rangers named Trouba the 28th captain in franchise history. Trouba is the first Blueshirts captain since Ryan McDonagh (2014-15 – 2017-18) and the 12th defenseman in team history to be named captain. A respected voice in the locker room, what Trouba does off the ice is equally remarkable to his performances on the ice. His enthusiastic support of the Garden of Dreams Foundation (GDF) and Junior Rangers Youth Hockey has generated a lasting impact with many tri-state area children. Last season, he founded the Trouba Creative Expressions Arts Program, a 10-week program for adult clients of the Epilepsy Foundation of Metropolitan New York run by professional art therapists. The program benefits people who have epilepsy and seizures, and often a secondary diagnosis of Intellectual Disability or a Mental Illness such as depression or anxiety. Trouba's passion for making a difference in youth communities is consistently displayed with his participation in hockey clinics, Make-a-Wishes, and visits to local hospitals.



With Trouba's captaincy, the Rangers became the first franchise in NHL history to have four consecutive full-time American-born captains (Trouba, Ryan McDonagh, Ryan Callahan, Chris Drury).