

TEAM ORANGE MORNING SCHEDULE



KC JUGGERNAUTS, MW403 MILLWOODS BRUINS, WHITEMUD WEST 404 WOLVES

<u>TIME</u>	<u>ACTIVITY</u>	<u>LOCATION</u>
9:15 AM - 9:55 AM	REGISTRATION	FORD HALL
9:55 AM - 10:00 AM	WELCOME	FORD HALL
10:00 AM - 10:45 AM	BRAIN CARE SESSION	COVENTRY HOMES CLUB
10:45 AM - 11:20 AM	LUNCH	STUDIO 99
11:20 AM - 11:40 AM	BAG PICK UP & ATHLETE CHANGE	DRESSING ROOM
11:40 AM - 12:25 PM	ON-ICE SESSION	ROGERS PLACE ICE SURFACE
12:25 AM - 12:50 PM	ATHLETE CHANGE & BAG DROP OFF	GENERAL LOCKER ROOM 1
12:50 PM - 1:05 PM	TEAM PHOTO	OILERS HALL OF FAME
1:05 PM - 1:50 PM	YOGA & STRETCHING	MAIN CONCOURSE, SECTION 112
2:00 PM - 3:00 PM	GUEST SPEAKER	IN-BOWL, SECTION 101-102
3:00 PM	DEPARTURE	FORD HALL

