



## HEDMAN VS. THE NHL

	GP	G	A	P
ANA	24	2	9	11
ARI	22	2	10	12
BOS	56	11	24	35
BUF	57	8	22	30
CGY	21	0	13	13
CAR	57	7	26	33
CHI	32	7	28	35
COL	26	2	16	18
CBJ	41	6	26	32
DAL	32	5	20	25
DET	48	5	36	41
EDM	20	5	7	12
FLA	68	7	43	50
LAK	23	8	8	16
MIN	23	4	8	12
MTL	51	10	41	51
NSH	31	4	20	24
NJD	42	9	29	29
NYI	42	6	18	24
NYR	42	3	23	26
OTT	52	14	27	41
PHI	41	9	24	33
PIT	45	4	30	34
SJS	24	5	15	20
SEA	7	3	3	9
STL	25	3	12	15
TOR	51	8	28	36
UTA	2	1	2	3
VAN	22	4	10	14
VGK	12	1	12	13
WSH	51	3	18	21
WPG	41	5	24	29

# 77

## VICTOR HEDMAN



**PRONUNCIATION:** VIHK-tuhr HEHD-muhn

**POSITION:** Defense

**BORN:** December 18, 1990

(Ornskoldskiv, Sweden)

**HEIGHT:** 6' 7"

**SHOOTS:** Left

**WEIGHT:** 245

**SEASON:** NHL - 17th, TBL - 17th

**ACQUIRED:** Selected by TBL in the first round, second overall, of the 2009 NHL Entry Draft

**CONTRACT:** Signed through 2028-29 (UFA)

### 2024-25 SEASON

- Named the 11th captain in Lightning history on September 18
- Led TBL defensemen for goals (15), assists (51) and points (66)
- Became Tampa Bay's all-time games played leader (1,083 GP) on December 28 vs. NYR
- Captained Team Sweden at the 2025 4 Nations Face-Off
- Named to the NHL's Second All-Star Team for the sixth time in nine seasons

### 2025 Playoffs

- Played in all five games of Tampa Bay's First Round series against the Florida Panthers and tallied three assists
- Ranked tied for second among Bolts skaters for assists and ranked fifth for shots on goal (10)

### 2023-24 Season

- Appeared in 78 games for TBL, recording 13 goals and 76 points
- Ranked 4th among NHL defensemen for assists, fifth for points, and sixth for power-play points (31)
- Led all TBL skaters for plus/minus (+18) and average time on ice (24:48)
- Skated in his 1,000th career NHL game on December 4, becoming the second player in franchise history to do so
- Tallied seventh career four-point game (1-3-4) January 18 vs. MIN
- Played all five Stanley Cup Playoff games vs. FLA, recording one goal and six assists (tied for team lead in points)
- Tallied three assists in Game 4, surpassing Bobby Orr for the 10th-most multi-point playoff games by a defenseman in NHL history

### 2022-23 Season

- Skated in 76 games, tallying 9 goals and 49 points
- Ranked fifth on TBL for assists and seventh for scoring

## CAREER CONT.

### 2022-23 Season Cont.

- Ranked second among TBL defensemen for goals, assists, and points
- Finished second on TBL for average time on ice (23:43), ending a nine-season run leading the team for time on ice
- Scored first career shorthanded goal on March 25 at BOS
- Recorded 500th career assist on February 11 at DAL (947th game)
- Played 900th NHL game on October 14 at CBJ
- Played five of six Stanley Cup Playoff games, recording three assists and a +4 rating (team-high)
- Ranked tied for third on TBL for playoff assists and first among defensemen

### 2021-22 Season

- Skated in all 82 regular season games for the first time in career
- Recorded 20 goals and 65 assists for 85 points – all career highs
- Ranked third among NHL defensemen for goals and points, second for assists
- Ranked eighth among all NHL skaters for assists
- Tied Dan Boyle's franchise record for goals by a defenseman in a season (20)
- Set TBL blueliner records for assists (65) and points (85)
- Ended regular season on a career-long, eight-game point streak (1g, 16a)
- Led TBL for average time on ice (25:05), assists, and plus/minus (+25)
- Named Norris Trophy finalist (finished third) and to NHL Second All-Star Team
- Selected to NHL All-Star Game (fourth career selection)
- Played all 23 Stanley Cup Playoff games, recording three goals and 19 points
- Tied personal postseason assist record
- Ranked 3rd among NHL defensemen for postseason points
- Recorded 100th career playoff assist in Game 3 of the Eastern Conference Final vs. NYR

### 2020-21 Season

- Played 54 games, tallying nine goals and 45 points
- Ranked seventh in NHL for average time on ice (25:03), tied for third among NHL defensemen for points (45) and 4th for assists (36)
- Played 800th NHL game on April 4 vs. DET
- Recorded 500th NHL point on March 16 vs. CHI
- Norris Trophy finalist (fifth straight year)
- Played all 23 Stanley Cup Playoff games, recording two goals and 16 assists (18 points)
- Led NHL defensemen for playoff scoring and ranked second overall for playoff assists

### 2019-20 Season

- Appeared in 66 games, tallying 11 goals and 55 points (11-44—55), with a +27 rating
- Norris Trophy finalist (fourth straight year)
- Ranked third among NHL defensemen in scoring
- Ranked third on TBL and seventh in NHL for plus/minus (+27)
- Led TBL in average time on ice (24:04)
- NHL All-Star (third selection)
- Played in 25 Stanley Cup Playoff games, registering 10 goals and 12 assists (10-12—22), with a +13 rating
- Won the Conn Smythe Trophy as the NHL's playoff MVP
- Posted seven points in Stanley Cup Final

### 2018-19 Season

- Played in 70 games, recording 10 goals and 44 assists (10-44—54), with a +24 rating
- Became franchise leader in games played by a defenseman (January 10 vs. CAR)

## CAREER CONT.

### 2018-19 Season Cont.

- Led TBL defensemen for goals, assists, and points
- Norris Trophy finalist (third straight year)
- Played in two Stanley Cup Playoff games and posted 10 penalty minutes

### 2017-18 Season

- Played in 77 games, tallying 17 goals and 46 assists (17-46—63), with a +32 rating
- Ranked tied for first among NHL defensemen for goals and ranked fifth for points
- Became TBL's all-time leader in goals by a defenseman (February 8 vs. VAN)
- Selected to All-Star Game (did not play due to injury)
- Awarded the Norris Trophy as the NHL's best defenseman
- Played in 17 Stanley Cup Playoff games, tallying a goal and 10 assists (1-10—11), including six power-play points
- Led TBL for average time on ice in the postseason (26:04)

### 2016-17 Season

- Appeared in 79 games for TBL, posting 16 goals and 56 assists (16-56—72)
- Ranked fourth in the NHL for assists (led all NHL defensemen)
- Ranked second in NHL for power-play points (33)
- Ranked tied for first in the NHL for three-assist games (5)
- Tallied 19 multi-point games, including five game-winning goals
- Norris Trophy finalist
- Selected to be an NHL All-Star for the first time in his career

### 2015-16 Season

- Played in 78 games, posting 10 goals and 37 assists (10-37—47) with a +21 rating
- Led TBL in time on ice (23:03), assists, plus/minus, and blocked shots (132)
- Appeared in 17 Stanley Cup Playoff games, tallying 4 goals and 10 assists (14 points)
- Led TBL for average time on ice (27:26)
- Ranked tied for third for team scoring and led all TBL defensemen
- Posted his first career multi-goal playoff game (Game 5 vs. NYI)



## CAREER CONT.

### **2014-15 Season**

- Saw action in 59 games, and had 10 goals and 28 assists (10-28—38)
- Led TBL for time on ice (22:41) and blocked shots (110)
- Led TBL defensemen for goals and ranked second for points
- Missed 21 games due to injuries
- Skated in 26 Stanley Cup Playoff games, scoring one goal and tallying 13 assists (1-13—14)
- Ranked second among NHL skaters for postseason plus/minus (+11)
- Led TBL for average postseason time on ice (23:57) and blocked shots (47)

### **2013-14 Season**

- Played in 75 games, logging 13 goals and 55 points
- Ranked fifth among NHL defensemen for scoring
- Had 15 multi-point games, good for the second-most among all NHL defensemen
- Played four Stanley Cup Playoff games, recording one goal and two assists

### **2012-13 Season**

- Played in 44 games, tallying four goals and 20 points
- Ranked second among TBL defensemen in goals, assists, points and average time on ice (22:39)

### **2011-12 Season**

- Appeared in 61 games, scoring five goals and adding 18 assists for 23 points
- Led TBL defensemen in penalty minutes (65) and ranked second for goals and points

### **2010-11 Season**

- Played in 79 games, tallying three goals and 26 points
- Led TBL defensemen in assists
- Played 18 Stanley Cup Playoff games, tallying six assists
- Ranked second on TBL for time on ice and ranked fourth for blocked shots

### **2009-10 Season**

- Played 74 games in his first NHL season, scoring four goals and posting 20 points
- Ranked second among NHL rookies for blocked shots (97), third for penalty minutes (79)
- Scored first NHL goal on December 5 vs. NYI
- Tallied three assists over his first three NHL games
- Made his NHL debut on October 3 at ATL and recorded his first career point (assist)

### **2008-09 Season**

- Played in 43 games with Modo of the Swedish Elite League, recording seven goals and 21 points with 52 penalty minutes
- Named Rookie of the Year in the SEL at the age of 18
- Led the team in plus/minus with a +21 and ranked second among Modo defensemen in goals, assists and points
- Also played in two games with Modo's U-20 team, recording two assists
- Played five playoff games with Modo Jr., recording an assist

### **2007-08 Season**

- Played in 39 games with Modo, recording 2 goals and 4 points in his professional debut
- Played in 5 playoff games, recording a goal
- Played in 6 games with Modo U-20, recording two goals and three points
- Also played in three postseason games

### **2006-07 Season**

- Played the majority of the season with Modo U-20, recording 13 goals and 25 points in 34 games
- Also played in eight games with Modo's U-18 team, recording five goals and nine points



## CAREER HIGHLIGHTS

### GOALS:

Game: 2 (14x, Last: 3/4/25 vs. CBJ)  
Season: 20 (2021-22)  
Multi-Goal Games: 14  
In 2024-25: 2  
Hat Tricks: None  
Streak: 3 GP (3x, Last: 12/3-12/7/19, 3g)  
In 2024-25: None

### ASSISTS:

Game: 4 (4x, Last: 4/24/22 at FLA)  
Season: 65 (2021-22)  
Streak: 8 GP (4/16-4/29/22, 16a)  
In 2024-25: 5 GP (2x, Last: 1/12-1/20/25, 6a)

### POINTS:

Game: 4 (7x, Last: 1/18/24 vs. MIN)  
Season: 85 (2021-22)  
Multi-Point Games: 186  
In 2024-25: 20  
Streak: 8 GP (4/16-4/29/22 – 1g, 16a)  
In 2024-25: 7 GP (1/9-1/20/25 – 2g, 7a)

### SHOOTOUT STATISTICS:

Career: 11-38 (29%)  
In 2024-25: 0-2 (0%)

### MOST PIM IN A GAME:

15 (3/31/12 vs. WPG)

### MOST SHOTS IN A GAME:

10 (3/30/21 vs. CBJ)

## PERSONAL

- Has a French Bulldog named Harry
- Longtime supporter of the Humane Society of Tampa Bay
- Makes a mean ribeye steak

## NHL & LIGHTNING FIRSTS

**GAME:** 10/3/09 at ATL

**GOAL:** 12/5/09 vs. NYI (Roloson)

**ASSIST:** 10/3/09 at ATL



## CAREER TRANSACTIONS

- Re-signed by TBL to a four-year contract extension, beginning with the 2025-26 season on July 2, 2024
- Re-signed by TBL to an eight-year contract extension on July 1, 2016
- Re-signed by TBL to a five-year contract extension with TBL on November 30, 2011
- Selected by TBL in the first round, second overall, of the 2009 NHL Entry Draft

## HONORS & AWARDS

- Stanley Cup Champion (2020, 2021)
- Conn Smythe Trophy (2020)
- James Norris Memorial Trophy (2018)
- NHL All-Star Game (2017, 2020, 2022)
- NHL First All-Star Team (2018)
- NHL Second All-Star Team (2017, 2019, 2020, 2021, 2022, 2025)

## INTERNATIONAL

- Captained Team Sweden at the 2025 4 Nations Face-Off in Boston and Montreal.
- Represented Sweden at the 2016 World Cup of Hockey (1g in 4 GP)
- Skated in eight games for Sweden at the 2012 IIHF Men's World Championship, collecting an assist and 14 penalty minutes
- Suited up for Team Sweden at the 2010 IIHF Men's World Championship, appearing in nine games while recording a goal and an assist
- Represented Sweden at the 2009 IIHF World Junior Championship, recording 2 assists in 6 games
- Named to 2008 IIHF World Junior Championship All-Star Team after recording an assist and a +5 rating in 6 games as Sweden won the Silver Medal
- Appeared in four games at the 2008 IIHF Under-18 Men's World Junior U-18 Championships, recording a goal and four points in four games
- Participated in the 2007 World U-18 Championships, recording a goal and three points in six games



## MILESTONES

- **100th NHL Game:** 12/4/10 vs. COL
- **200th NHL Game:** 3/8/12 at WSH
- **300th NHL Game:** 1/16/14 vs. NYI
- **400th NHL Game:** 10/24/15 at CHI
- **500th NHL Game:** 12/14/16 at CGY
- **600th NHL Game:** 2/12/18 at TOR
- **700th NHL Game:** 10/10/19 at TOR
- **800th NHL Game:** 4/4/21 vs. DET
- **900th NHL Game:** 10/14/22 at CBJ
- **1,000th NHL Game:** 12/4/23 vs. DAL
- **1,100th NHL Game:** 1/30/25 vs. LAK
- **100th NHL Goal:** 12/5/19 vs. MIN
- **100th NHL Assist:** 3/1/14 at DAL
- **200th NHL Assist:** 12/20/16 vs. DET
- **300th NHL Assist:** 12/29/18 vs. MTL
- **400th NHL Assist:** 4/17/21 vs. FLA
- **500th NHL Assist:** 2/11/23 at DAL
- **600th NHL Assist:** 1/16/25 vs. ANA
- **100th NHL Point:** 11/19/13 at LAK (goal)
- **200th NHL Point:** 12/20/15 vs. OTT (assist)
- **300th NHL Point:** 4/9/17 vs. BUF (assist)
- **400th NHL Point:** 2/9/19 vs. PIT (assist)
- **500th NHL Point:** 3/16/21 at DAL (assist)
- **600th NHL Point:** 4/26/22 vs. CBJ (assist)
- **700th NHL Point:** 1/27/24 vs. NJD (assist)





## CAREER STATS — Regular Season

SEASON	TEAM	LEAGUE	GP	G	A	P	+/-	PIM	PPG	SHG	GWG
2009-10	Tampa Bay	NHL	74	4	16	20	-3	79	0	0	0
2010-11	Tampa Bay	NHL	79	3	23	26	3	70	0	0	0
2011-12	Tampa Bay	NHL	61	5	18	23	-9	65	0	0	0
2012-13	Tampa Bay	NHL	44	4	16	20	1	31	0	0	0
2013-14	Tampa Bay	NHL	75	13	42	55	5	53	3	0	2
2014-15	Tampa Bay	NHL	59	10	28	38	12	40	3	0	2
2015-16	Tampa Bay	NHL	78	10	37	47	21	46	1	0	0
2016-17	Tampa Bay	NHL	79	16	56	72	3	47	4	0	5
2017-18	Tampa Bay	NHL	77	17	46	63	32	54	2	0	1
2018-19	Tampa Bay	NHL	70	12	42	54	24	44	2	0	4
2019-20	Tampa Bay	NHL	66	11	44	55	27	31	4	0	3
2020-21	Tampa Bay	NHL	54	9	36	45	5	28	1	0	2
2021-22	Tampa Bay	NHL	82	20	65	85	26	36	6	0	6
2022-23	Tampa Bay	NHL	76	9	40	49	10	42	1	1	1
2023-24	Tampa Bay	NHL	78	13	63	76	18	76	4	0	2
2024-25	Tampa Bay	NHL	79	15	50	66	18	30	4	0	1

### NHL TOTALS

1131 171 623 794 193 772 35 1 29



## CAREER STATS — Playoffs

SEASON	TEAM	LEAGUE	GP	G	A	P	+/-	PIM	PPG	SHG	GWG
2010-11	Tampa Bay	NHL	18	0	6	6	0	8	0	0	0
2013-14	Tampa Bay	NHL	4	1	2	3	-2	2	0	0	0
2014-15	Tampa Bay	NHL	26	1	13	14	11	6	1	0	0
2015-16	Tampa Bay	NHL	17	4	10	14	2	14	2	0	1
2017-18	Tampa Bay	NHL	17	1	10	11	-4	10	0	0	1
2018-19	Tampa Bay	NHL	2	0	0	0	-2	10	0	0	0
2019-20	Tampa Bay	NHL	25	10	12	22	13	24	3	0	3
2020-21	Tampa Bay	NHL	23	2	16	18	1	8	2	0	0
2021-22	Tampa Bay	NHL	23	3	16	19	2	10	2	0	0
2022-23	Tampa Bay	NHL	5	0	3	3	4	2	0	0	0
2023-24	Tampa Bay	NHL	5	1	6	7	-1	0	0	0	0
2024-25	Tampa Bay	NHL	5	0	3	3	-6	0	0	0	0

### NHL TOTALS

170 23 97 120 18 94 10 0 5

\*All stats are as of July 2025 and are not updated on a game-by-game basis.

\*\*Stats reflect seasons in the ECHL, AHL and NHL. For other statistics, please click [here](#).