

TEAM WHITE MORNING SCHEDULE



WHITEMUD WEST 502 YETIS, ST ALBERT JR. VEES U13 GIRLS HOCKEY TEAM, STURGEON FILLIES

<u>TIME</u>	<u>ACTIVITY</u>	<u>LOCATION</u>
9:15 AM - 9:55 AM	REGISTRATION	FORD HALL
9:55 AM - 10:00 AM	WELCOME	FORD HALL
10:00 AM - 10:45 AM	LUNCH	STUDIO 99
10:45 AM - 11:30 AM	BRAIN CARE SESSION	COVENTRY CLUB
11:30 AM - 12:15 PM	YOGA & STRETCHING	MAIN CONCOURSE, SECTION 112
12:15 PM - 12:30 PM	TEAM PHOTO	OILERS HALL OF FAME
12:30 AM - 12:55 PM	BAG PICK UP & ATHLETE CHANGE	DRESSING ROOM
12:55 PM - 1:40 PM	ON-ICE SESSION	ROGERS PLACE ICE SURFACE
1:40 PM - 2:00 PM	ATHLETE CHANGE & BAG DROP OFF	DRESSING ROOM
2:00 PM - 3:00 PM	GUEST SPEAKER	IN-BOWL, SECTION 101-102
3:00 PM	DEPARTURE	FORD HALL

