



MOSER VS. THE NHL

	GP	G	A	P
ANA	6	0	4	4
BOS	8	0	1	1
BUF	8	0	2	2
CGY	10	0	2	2
CAR	7	0	3	3
CHI	9	0	2	2
COL	13	1	4	5
CBJ	6	0	1	1
DAL	11	0	2	2
DET	6	1	2	3
EDM	8	1	0	1
FLA	6	0	3	3
LAK	8	1	4	5
MIN	11	1	0	1
MTL	6	2	2	4
NSH	12	0	7	7
NJD	8	2	3	5
NYI	7	0	1	1
NYR	8	0	0	0
OTT	8	2	2	4
PHI	7	0	5	5
PIT	7	0	4	4
SJS	8	3	2	5
SEA	8	0	1	1
STL	9	1	2	3
TOR	9	1	1	2
UTA	2	0	1	1
VAN	10	0	1	1
VGK	9	1	3	4
WSH	8	0	1	1
WPG	11	1	1	2

90

JJ MOSER



PRONUNCIATION: JAY-JAY MOHZ-uhr

POSITION: Defense

BORN: June 6, 200 (Biel, Switzerland)

HEIGHT: 6' 2"

SHOOTS: Left

WEIGHT: 181

SEASON: NHL - 5th, TBL - 2nd

ACQUIRED: From UTA on June 29, 2024

CONTRACT: Signed through 2025-26 (RFA)

2024-25 SEASON

- Skated in 54 games in his first season with TBL, recording 14 points with two goals and 12 assists
- Missed 27 games due to a lower-body injury suffered on December 12 at CGY
- Made his TBL debut on October 11 at Carolina and recorded his first point, a goal, with the team on October 17 vs. Vegas in a three-point performance (1-2—3)
- Registered a career-high +20 rating, tied for the third-best rating among all TBL defensemen
- Recorded 23 takeaways and averaged 18:52 of time on ice per game, both of which ranked third among all TBL D-men
- Blocked 69 shots, the fourth-most among all TBL defenders
- Was one of two TBL defensemen to score a shorthanded goal (also: Ryan McDonagh)

2025 Playoffs

- Played in all five games during TBL's First Round series vs. FLA, firing three shots on goal and averaging 15:19 of time on ice
- Recorded eight blocked shots, the most among all TBL defensemen and tied for the overall team lead
- Made his Stanley Cup Playoffs debut on April 22 vs. FLA, logging one shot on goal and 13:41 of time on ice

CAREER

2023-24 Season

- Skated in 80 games with ARI, collecting 26 points with five goals and 21 assists
- Ranked second among all ARI defensemen for goals (tied), assists, points, shots on goal (77), takeaways (21) and blocked shots (112)
- Averaged over 20 minutes of ice time for the second consecutive season (20:34), the second-highest average among all ARI D-men

CAREER CONTINUED

2022-23 Season

- Was one of five skaters to appear in all 82 games for ARI and posted 31 points with seven goals and 24 assists
- Finished second among all ARI defensemen for assists and points while finishing tied for second for goals
- Led all ARI skaters with 137 blocked shots

2021-22 Season

- Played in 18 games with the American Hockey League's Tucson Roadrunners, scoring five goals and adding seven assists for 12 points
- Earned his first career call-up and skated in 43 games with ARI, recording 15 points with four goals and 11 assists
- Made his NHL debut on December 15 vs. NYR before netting his first career goal on December 28 at SJS
- Ranked tied for fifth among all NHL rookie defensemen for goals while finishing seventh for assists and eighth for points

2020-21 Season

- Captained EHC Biel-Bienne of the Swiss National League and appeared in 48 games, scoring nine goals and adding 21 assists for 30 points
- Led all Biel-Bienne defensemen for goals, assists and points, while his 21 helpers were also tied for the team lead among all skaters
- Appeared in two playoff games for Biel-Bienne



HONORS & AWARDS

- IIHF Men's World Championship Silver Medal (2025)
- Swiss National League Media All-Star Team (2021)

MILESTONES

- **100th NHL Game:** 2/19/23 vs. CBJ
- **200th NHL Game:** 4/7/24 at SJS

CAREER HIGHLIGHTS

GOALS:

Game: 2 (12/28/21 at SJS)

Season: 7 (2022-23)

Multi-Goal Games: 1

In 2024-25: None

Hat Tricks: None

Streak: 2 GP (2x, Last: 12/27-12/29/22, 2g)

In 2024-25: None

ASSISTS:

Game: 2 (9x, Last: 10/22/24 at NJD)

Season: 24 (2022-23)

Streak: 3 GP (3x, Last: 11/17-11/23/22, 3a)

In 2024-25: 2 GP (2x, Last: 3/25-3/27/25, 2a)

POINTS:

Game: 3 (2x, Last: 10/22/24 at NJD)

Season: 31 (2022-23)

Multi-Point Games: 13

In 2024-25: 2

Streak: 5 GP (11/17-11/27/22, 2g, 3a)

In 2024-25: 2 GP (2x, Last: 3/25-3/27/25, 2a)

SHOOTOUT STATISTICS:

Career: 0-0

In 2024-25: 0-0

MOST PIM IN A GAME:

5 (2x, Last: 1/25/24 at TBL)

MOST SHOTS IN A GAME:

6 (4/8/23 vs. ANA)

NHL & LIGHTNING FIRSTS

GAME: 12/15/21 vs. NYR

LIGHTNING: 10/11/24 at CAR

GOAL: 12/28/21 at SJS (Reimer)

LIGHTNING: 10/17/24 vs. VGL (Hill)

ASSIST: 1/6/22 vs. CHI

LIGHTNING: 10/17/24 vs. V GK

CAREER TRANSACTIONS

- Signed by TBL to a two-year contract on July 11, 2024
- Acquired by TBL, along with Conor Geekie, a 2024 seventh-round draft pick and a 2025 second-round draft pick, from UTA in exchange for D Mikhail Sergachev on June 29, 2024
- Signed by ARI a three-year, entry-level contract on August 14, 2021
- Drafted by ARI in the second round, 60th overall, of the 2021 NHL Draft

PERSONAL

- Favorite athlete growing up was Roger Federer
- Favorite pregame artist is AC/DC
- Favorite Tampa restaurant is Rocca

INTERNATIONAL

- Skated in 10 games and won the Silver Medal with Team Switzerland at the 2025 IIHF Men's World Championship, recording one goal and five assists for six points with a +8 rating
- Represented Switzerland at the 2023 IIHF Men's World Championship, appearing in seven games and logging two points with one goal and one assist
- Played in eight games with Team Switzerland at the 2022 IIHF Men's World Championship, registering four points with one goal and three helpers
- Skated in seven games with Team Switzerland at the 2021 IIHF Men's World Championship and logged two assists
- Served as alternate captain for Team Switzerland and was named a Top Three Player on the team at the 2020 IIHF World Junior Championship, recording four assists in five contests
- Appeared in two games with Team Switzerland at the 2019 IIHF Men's World Championship and also represented his country at the 2019 IIHF World Junior Championship, where he recorded two assists in seven games
- Played in six games with Team Switzerland and was named a Top Three Player on the team at the 2018 IIHF Under-18 Men's World Championship



CAREER STATS — Regular Season

SEASON	TEAM	LEAGUE	GP	G	A	P	+/-	PIM	PPG	SHG	GWG
2021-22	Arizona	NHL	43	4	11	15	-10	16	1	0	1
	Tucson	AHL	18	5	7	12	-3	11	3	0	2
2022-23	Arizona	NHL	82	7	24	31	-12	35	3	0	1
2023-24	Arizona	NHL	80	5	21	26	-5	35	0	0	0
2024-25	Tampa Bay	NHL	54	2	12	14	20	22	0	1	0
NHL TOTALS			259	18	68	108	-7	108	4	1	2

CAREER STATS — Playoffs

SEASON	TEAM	LEAGUE	GP	G	A	P	+/-	PIM	PPG	SHG	GWG
2024-25	Tampa Bay	NHL	5	0	0	0	-2	0	0	0	0
NHL TOTALS			5	0	0	0	-2	0	0	0	0

*All stats are as of July 2025 and are not updated on a game-by-game basis.
**Stats reflect seasons in the ECHL, AHL and NHL. For other statistics, please click [here](#).

