

**2023-24 Carolina Hurricanes Training Camp Schedule (all times local)**

<b>DATE</b>	<b>TIME</b>	<b>EVENT</b>	<b>LOCATION</b>
Sept. 20	7:00 a.m.	Team physicals / testing	Carolina Family Practice & Sports Medicine, Raleigh, N.C.
	3:00 p.m.	Team meeting	PNC Arena, Raleigh, N.C.
Sept. 21	9:00 a.m.	Team C1 Practice	PNC Arena, Raleigh, N.C.
	11:00 a.m.	Team C2 Practice	PNC Arena, Raleigh, N.C.
Sept. 22	9:00 a.m.	Team C2 Practice	PNC Arena, Raleigh, N.C.
	11:00 a.m.	Team C1 Practice	PNC Arena, Raleigh, N.C.
Sept. 23	9:00 a.m.	Team C1 Practice	PNC Arena, Raleigh, N.C.
	11:00 a.m.	Team C2 Practice	PNC Arena, Raleigh, N.C.
Sept. 24	<i>Off-ice workouts only – no media availability</i>		
Sept. 25	9:00 a.m.	Team C1 Practice	PNC Arena, Raleigh, N.C.
	11:00 a.m.	Team C2 Practice	PNC Arena, Raleigh, N.C.
Sept. 26	10:30 a.m.	Game Group Skate	PNC Arena, Raleigh, N.C.
	11:30 a.m.	Non-Game Group Practice	PNC Arena, Raleigh, N.C.
Sept. 27	7:00 p.m.	vs. Tampa Bay	PNC Arena, Raleigh, N.C.
	9:00 a.m.	Game Group Skate	PNC Arena, Raleigh, N.C.
	11:00 a.m.	Non-Game Group Practice	PNC Arena, Raleigh, N.C.
Sept. 28	7:00 p.m.	vs. Florida	PNC Arena, Raleigh, N.C.
	9:00 a.m.	Team C1 Practice	Invisalign Arena, Morrisville, N.C.
	11:00 a.m.	Team C2 Practice	Invisalign Arena, Morrisville, N.C.
Sept. 29	6:00 p.m.	at Florida ( <i>split-squad</i> )	FLA Live Arena, Sunrise, Fla.
	7:00 p.m.	at Tampa Bay ( <i>split-squad</i> )	Amalie Arena, Tampa, Fla.
Sept. 30	<b>OFF DAY</b>		
Oct. 1	9:00 a.m.	Team C1 Practice	PNC Arena, Raleigh, N.C.
	11:00 a.m.	Team C2 Practice	PNC Arena, Raleigh, N.C.
Oct. 2	9:00 a.m.	Team C2 Practice	PNC Arena, Raleigh, N.C.
	11:00 a.m.	Team C1 Practice	PNC Arena, Raleigh, N.C.
Oct. 3	9:00 a.m.	Team C1 Practice	PNC Arena, Raleigh, N.C.
	11:00 a.m.	Team C2 Practice	PNC Arena, Raleigh, N.C.
Oct. 4	9:00 a.m.	Team C2 Practice	Invisalign Arena, Morrisville, N.C.
	11:00 a.m.	Team C1 Practice	Invisalign Arena, Morrisville, N.C.
Oct. 5	10:15 a.m.	Game Group Skate	Invisalign Arena, Morrisville, N.C.
	11:45 a.m.	Non-Game Group Practice	Invisalign Arena, Morrisville, N.C.
	7:00 p.m.	at Nashville	Bridgestone Arena, Nashville, Tenn.
Oct. 6	9:00 a.m.	Non-Game Group Practice	PNC Arena, Raleigh, N.C.
	10:30 a.m.	Game Group Skate	PNC Arena, Raleigh, N.C.
	7:00 p.m.	vs. Nashville	PNC Arena, Raleigh, N.C.
Oct. 7	<b>OFF DAY</b>		
Oct. 8	11:00 a.m.	Team Practice	PNC Arena, Raleigh, N.C.
Oct. 9	11:00 a.m.	Team Practice	PNC Arena, Raleigh, N.C.
Oct. 10	11:00 a.m.	Team Practice	Invisalign Arena, Morrisville, N.C.

**Practices and morning skates during training camp will be open to the media, and all skates held at Invisalign Arena will also be open to the public.**