



ALEXIS LAFRENIERE



STATS

Shoots: Left
Height: 6'2"
Weight: 196
Born: 10/11/2001
Birthplace: St-Eustache, QC

POSITION

LEFT WING
#13

BIO

The first overall selection in the 2020 NHL Entry Draft, Alexis Lafreniere recorded 17 goals and 28 assists for 45 points, ranking second on the team in even-strength points and fourth in even-strength goals in 2024-25. He has skated in 380 games across five seasons, all with New York, registering 193 points (92G, 101A). The Blueshirts have posted a 68-11-4 record in the 83 regular season games where he notched a tally. The Saint-Eustache, Quebec, native represented his country at the IIHF World Junior Championship in 2019 and 2020. He recorded 10 points (4G, 6A) in five games in 2020 to help Canada capture the gold medal and was named the tournament's most valuable player, best forward and to the First All-Star Team.

ONE-TIMERS

Nickname: Laffy
Superpower he'd want: Ability to fly
Actor that would play him: Adam Sandler
Dream dinner guest: Kobe Bryant
Hockey idol growing up: Patrick Kane
First jersey: Patrick Kane
Most listened to artist: Loud
Favorite meal: Steak
Favorite movie: The Blind Side
Favorite TV show: Prison Break
Favorite quote: "You miss 100 percent of the shots you don't take"

LOOSE PUCKS

- Parents are Hugo and Natalie. Hugo works in construction and Natalie is a first-grade teacher
- Also has a sister, Lori-Jane
- Grew up a fan of the Montreal Canadiens
- First job was working at a hockey school at age 15
- He and Sidney Crosby are the only two players in history to earn the following awards twice: CHL Player of the Year, QMJHL MVP and QMJHL Personality of the Year
- Attending a game LeBron James is playing in is on his bucket list. Says if he could trade places with anyone for a day, it would be LeBron
- Hobbies include golfing