

ALEXIS LAFRENIERE



SHOOTS: LEFT
HEIGHT: 6'1"
WEIGHT: 195
BORN: OCTOBER 11, 2001
BIRTHPLACE: SAINT-EUSTACHE, QC

#13
LEFT WING

The first overall selection in the 2020 NHL Entry Draft, Lafreniere posted career highs in games played (81), assists (16), points (39) and plus/minus (+10) in 2022-23. He broke out for 31 points (19G, 12A) in 79 contests in 2021-22, ranking second on the Rangers with 19 even-strength goals. Prior to turning pro, Lafreniere amassed 297 points (114G, 183A) in 173 career QMJHL outings with the Rimouski Oceanic, earning a First Team All-Star selection in each of his three seasons. He was named the QMJHL and CHL Rookie of the Year in 2017-18 and was the recipient of the Michel Briere Trophy as the league's MVP and the CHL Player of the Year in two consecutive campaigns (2018-19 & 2019-20). The Saint-Eustache, Quebec, native represented his country at the IIHF World Junior Championship in 2019 and 2020. He recorded 10 points (4G, 6A) in five games in 2020 to help Canada capture the gold medal and was named the tournament's most valuable player, best forward and to the First All-Star Team.

ONETIMERS

Nickname: Laffy

What he'd be doing for a career if not playing hockey: Working in hockey

Superpower he'd most like to have: Ability to fly

Actor that would play him in a movie: Adam Sandler

Dinner guest: Kobe Bryant

Favorite superhero: Batman

Hockey idol growing up: Patrick Kane

First jersey ever bought: Patrick Kane

Person he'd trade places with for a day: LeBron James

On his bucket list: Attend a NBA game LeBron James is playing in

Hobby: Golfing

Most listened to artist: Loud

Meal: Steak

Movie: The Blind Side

TV show: Prison Break

LOOSE PUCKS

- Parents are Hugo and Natalie. Hugo works in construction and Natalie is a first grade teacher. Has a sister, Lori-Jane
- Grew up an avid fan of the Montreal Canadiens
- His first job was working at a hockey school at age 15
- He and Sidney Crosby are the only two players in history to earn the following awards twice: CHL Player of the Year, QMJHL MVP and QMJHL Personality of the Year
- Was named the CHL and QMJHL Rookie of the Year in 2017-18 after scoring 42 goals in 60 games
- Favorite quote is: "You miss 100 percent of the shots you don't take." - Wayne Gretzky

THIS SEASON

- Has recorded 19 goals this season, equaling his career best from the 2021-22 campaign
- Notched his third career overtime goal on Feb. 5 vs. Colorado, the most OT tallies among all Rangers players since 2020-21
- Recorded his 100th career point on Nov. 9 vs. Minnesota
- Registered a career-long three-game goal streak from Oct. 21-26

“QUOTABLE”

"You forget how young he is because he carries himself with a ton of maturity...He's got the thing on a string, sees the ice incredibly well, heads-up. He's a lot thicker than a normal 18- or 19-year-old kid. Very strong on his skates and he competes. He's a dog on the puck. Guys try to bump him and he's trying to spin off and get to that ice. He's hypercompetitive and he wants to win, and you can tell he loves playing the game.... You can tell he has serious passion for the game, enthusiasm, really good energy and he just wants to succeed and win."

-Rangers teammate Chris Kreider