



DERRICK POULIOT

DEFENSEMAN

SHOOTS: Left

HEIGHT: 6'1"

WEIGHT: 205

BORN: 1/16/1994

BIRTHPLACE: Estevan, Saskatchewan

BIO

Derrick Pouliot was signed by the Rangers as a free agent on July 3, 2025. During the 2024-25 season, he skated in 70 games for the Syracuse Crunch of the American Hockey League (AHL), collecting seven goals and 46 assists for 53 points, and he established AHL career-highs in both assists and points. He led all AHL defensemen - and ranked fourth among all AHL skaters - in assists and ranked second among AHL defensemen in points in 2024-25. He has skated in 226 career NHL games across nine seasons with the Pittsburgh Penguins, Vancouver Canucks, St. Louis Blues, Vegas Golden Knights, Seattle Kraken, San Jose Sharks and Dallas Stars, recording eight goals and 46 assists for 54 points.

LOOSE PUCKS:

- He and his wife, Amanda, have two boys, Landon and Lane
- His parents are Lionel and Wendy, and has a brother, Nicholas, and a sister, Janelle
- Played basketball, volleyball, soccer and baseball growing up
- Golfing at either Augusta National or St Andrews Links is on his bucket list
- His hobbies include golfing and hanging out with his kids
- Tiger Woods would be his dream dinner guest

ONE-TIMERS

NICKNAME:	Pouls, Pouly
FAVORITE TV SHOW:	Tigers
FAVORITE MOVIE:	Interstellar
SUPERPOWER HE'D WANT:	Ability to fly
PLACE HE'D LIKE TO VISIT:	Italy
FAVORITE ATHLETE:	Scottie Scheffler
GAMEDAY MEAL:	Chicken Alfredo
HOCKEY IDOL:	Joe Sakic
HIDDEN TALENT:	Can juggle
IRRATIONAL FEAR:	Snakes